

# Group training sessions:

# Afternoon training session:

Turn the end of your day into a moment of pleasure and golfing progress. Positive sensations and technique!

• Pre-course preparation searching for positive sensations. In-depth work on swing sequences (technique and rhythm, 60'). PRACTICE IN THE SHADE!

• 9-hole course under supervision.

**Schedule:** on demand Group session 4 people maximum

**Price:** 75 € p/p. Driving range balls included (members La Marquesa Golf 40€)

Put your group together! For group bookings, the 4th person is free!

# **Registration:** <u>philippe@temagolf.biz</u>

# ╉

### Thematic workshops :

Enjoy a private, shaded driving range and reinforce your skills in a small group (8 people maximum).

Thematics (examples):

- Special tee-off (wood)
- Maintenance and reinforcement of fundamentals
- Chipping + Pitching management (30 80 metres)
- Improving distance.

Schedule: on demand

**Price:** 20 € p/p. Driving range balls not included

Registration: philippe@temagolf.biz

#### **Special Ladies Sunday**

Golf for women! Sessions dedicated to enhancing your natural qualities and developing your game with elegance, strategy and precision.

The strength of the women's game:

- Attention to technique and precision: particular attention paid to the details of the gesture, often in preference to raw power, for a fluid, regular and controlled swing.
- Calm and emotional control
- Mental stamina
- Strategic and thoughtful play

### Every Sunday from 11.00am to 12.30pm

Group session of 6 people maximum

**Price:** 20 € p/p. Driving range balls not included

Registration: <a href="mailto:philippe@temagolf.biz">philippe@temagolf.biz</a>